



**CANADIAN ADHD RESOURCE ALLIANCE**

**13th Annual ADHD Conference  
13e conférence annuelle sur le TDAH**

**October 28 - 29 octobre 2017**

Hilton Québec | 1100 Boulevard René-Lévesque E | Ville de Québec, QC



**Programme**

# Acknowledgements

Welcome to Québec, my home city!  
I wish you a great time during this conference.  
Be an active part of this special program.  
Learn, discuss, share, network and enjoy!

Bienvenue à chez nous, à Québec!  
Je vous souhaite de vivre une superbe expérience durant cette conférence. Prenez part activement à ce programme spécial.  
Apprenez, discutez, partagez, réseautez et ayez du plaisir!



Bon congrès!

  
Annick Vincent



## The 2017 Scientific Committee

Sylvie Bourdages	Cathy Léveillé
Joan Flood	Dr. Dan Ross
Harriet Greenstone	Suzanne Pelletier
Natalie Grizenko	Simon-Pierre Proulx



  
Doron Almagor

Welcome to the 13th Annual CADDRA Conference. With a focus on ADHD, it's ironic that our jam-packed program promises to pull your attention in so many directions. Revel in your motivation to learn while immersed in our offerings. Process deeply. Question with curiosity. Seek new perspectives. And, of course, recharge mindfully. The beauty and charm of Quebec City are yours to explore!  
Bienvenue à la 13e conférence annuelle de la CADDRA. Avec notre focus sur le TDAH, il est ironique que notre programme chargé promette d'attirer votre attention dans de nombreuses directions. Savourez votre motivation à apprendre en vous immergeant dans notre offre. Intégrez pleinement. Questionnez avec curiosité. Recherchez de nouvelles approches. Et, bien sûr, faites le plein consciemment. Découvrez la beauté et le charme de Québec!

## The CADDRA Board of Directors

Lauri Alto	Matt Blackwood	Karen Ghelani	Natalie Grizenko	Valérie Tourjman
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## The CADDRA Advisory Council

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## CADDRA Staff

Niamh McGarry	Carol Simpson	Carina Gustaffson-Smith	Amanda Edwards
Executive Director	Administrator	Membership Coordinator	Education Coordinator



# General Information

## LEARNING OBJECTIVES

1. Recognize the impact of ADHD on executive function, and executive function deficits on both daily life and on ADHD care itself.
2. Identify common comorbid learning disabilities with ADHD, including ones frequently overlooked during routine educational evaluations.
3. Distinguish ADHD from bipolar disorder in adults and children and identify the co-occurring condition and its common comorbidities
4. To explain how working memory impairments of those with ADHD tend to impact motivation for needed tasks.
5. Identify the most salient factors that promote treatment adherence.
6. Name five commonly occurring adverse outcomes of poorly managed adult ADHD and the potential effects on intimate relationships, domestic life and/or effective co-parenting.

## ACCREDITATION

The **Fédération des médecins omnipraticiens du Québec (FMOQ)**, a continuing education body fully accredited by the Collège des médecins du Québec, grants 12 hour(s) of Category 1 credits to the participants in this activity. The Code of Ethics of the Conseil Québécois de développement professionnel continu des médecins (CQDPCM) must be respected ([www.cqdpcm.ca](http://www.cqdpcm.ca)).

This event is an Accredited Group Learning Activity (Section 1) as defined by the **Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and the College of Family Physicians of Canada**, and approved by the Section of CPD of the Faculty of Medicine at Université Laval. You may claim a maximum of 12 hours (credits are automatically calculated).

This event has been approved for a total of 12 CE credit hours by the **Canadian Psychological Association (CPA)**. CADDRA is approved by the Canadian Psychological Association to offer continuing education for psychologists. CADDRA maintains responsibility for the program.

The conference plenary presentations are recognized and have been inscribed in the Psychotherapy Continuing Education program of the **Ordre des psychologues du Québec**.

**NOTE: Please complete the sign-in sheet from the accrediting body relevant to you.**

## ONLINE EVALUATIONS

The link to the evaluations will be made available during the conference. Your feedback is important to us.

**NOTE: A certificate of attendance will be provided on completion of a conference evaluation.**

## CONFERENCE PRESENTATIONS

All available material, **as permitted by our speakers**, will be posted online.

## SPEAKER BIOS, ABSTRACTS

These can be viewed and downloaded from our conference website and the mobile app.

<https://caddra.societyconference.com/conf/#sessions/conf10001>

## CONFERENCE MOBILE APP

The app is available on both the Apple Store (iOS version) and the Google Play store (Android version).

## WIFI ACCESS

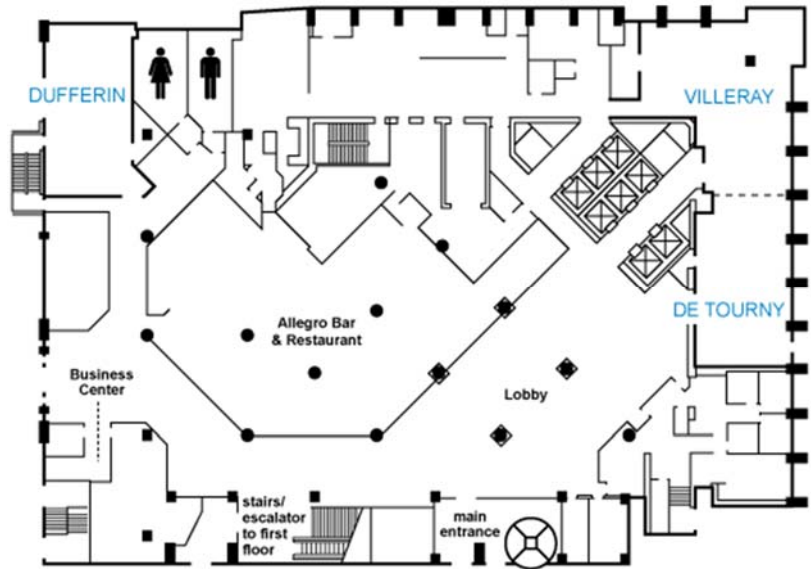
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Pass Code: ahcd17

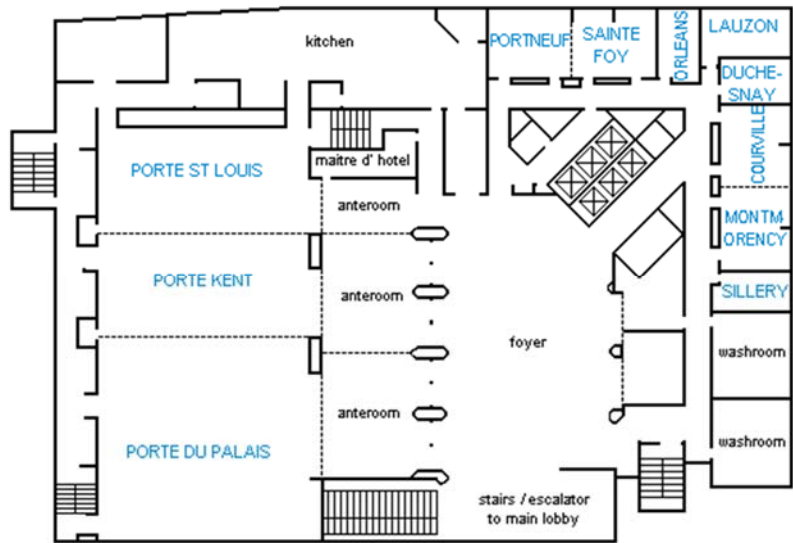
## FILMING

All plenaries will be filmed, as will any seminars held in the Saint Louis room, for future broadcast on CADDRA's eLearning portal. Q & A sessions will **NOT** be shown.

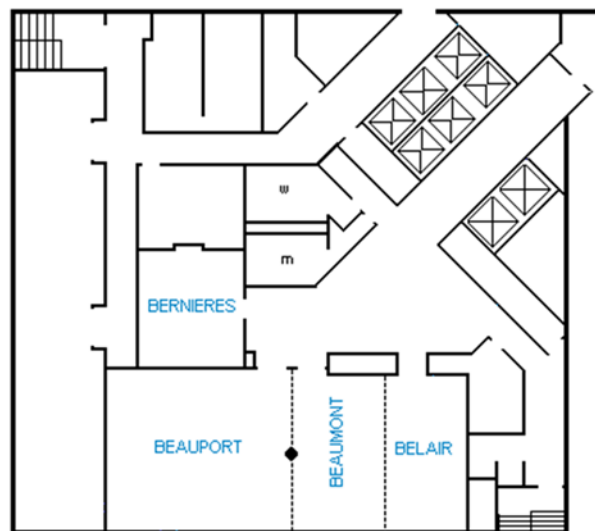
# Floor Plans



Lobby Level



1st Floor



2nd Floor

# Friday Oct 27

## 5:30 pm - 7:00 pm CADDRA Conference Registration Opening Reception / Poster Presentations & Awards

Foyer

The ADHD Research Day poster session and reception will be held in conjunction with the CADDRA conference opening reception & registration.

## Poster Listing

### Assessment of Therapeutic Interventions

1. *Atteintes fonctionnelles chez les étudiants ayant un TDAH et liens entre l'usage d'une médication et la consommation à risque de SPA*  
**Jeanne Lagacé-Leblanc**
2. *Intervention pour les jeunes ayant un TDAH : rôle modérateur de l'adversité familiale*  
**Julie Lapointe**
3. *Treating ADHD and High Functioning Autism with Long-Acting Stimulants May Improve ADHD and ASD Symptoms: A Case Series*  
**Michael Zwiers**
4. *Effect of HLD200 on Early Morning Symptoms and Functional Impairments in Children with Attention Deficit/Hyperactivity Disorder: Results from a Pivotal Phase 3 Trial*  
**Norberto DeSousa**

### Behavioural & Social Emotional Factors

5. *The (Lack of) Relationship between ADHD Knowledge and Stigma Perceptions*  
**Laura Flanigan**
6. *Examining Emotion Regulation as a Moderator between Event Perception and Social Skills in ADHD*  
**Zeinab Kahin**
7. *ADHD and the Subjective Experience of Mental Effort*  
**Andrew Hunter**
8. *Riding the Rollercoaster: A Qualitative Investigation of Emotional Experience and Regulation in Young Adults with ADHD*  
**Andrew Nicholson**
9. *Emotional Functioning and School Readiness in Preschool Children with Symptoms of ADHD: The Influence of*

### Parental Emotion Regulation

**Oana Bucsea**

10. *A Measure of Emotional Regulation & Irritability in Children and Adolescents: The Clinical Evaluation of Emotional Regulation-9 (CEER-9)*  
**Jenna Pylypow**

### Community & School-Based Approaches

11. *Occupational Therapy for Children with Attention Disorders: A Canadian Survey*  
**Lina Ianni**
12. *Finding Undiagnosed ADHD in Primary Care*  
**Kevin Tong**
13. *Fonctionnement exécutif et scolaire chez les jeunes ayant un TDAH dans le contexte de la transition primaire-secondaire*  
**Marie-Claude Guay**

### Neuroscience, Genetics & Epigenetics

14. *Synergistic Effect of Comt and KIAA0319 Genes in Modulating ADHD Behaviors*  
**Weam Fageera**
15. *Outlining Attention across Neurodevelopmental Conditions via a Multiple Object Tracking Task*  
**Domenico Tullo**
16. *Neural Basis of Antisaccade Deficits in Children with ADHD*  
**Juan Fernandez**

### Symptoms & Developmental Perspectives

17. *Parallel Developmental Trajectories of Hyperactivity and Inattention Symptoms from Childhood to Adolescence: What about ADHD Status?*  
**Richard Bélanger**

18. *The Relation between Symptoms of ADHD and Eating Disorders*  
**Jessica Baraskewich**

19. *A Meta-Regression of Gender Differences in Delay Reward Tasks in ADHD and Typically Developing Samples*  
**Joshua Doidge**

20. *Strength-Based Developmental Factors in Children Attention Deficit/Hyperactivity*  
**Tasmia Hai**

21. *Longitudinal Academic Outcomes of Children with Secondary ADHD following Pediatric Stroke*  
**Samantha Roberts**

22. *Attention Deficit Hyperactivity/Impulsivity Disorder Symptoms at School-Age in Children with Persistent and Transient Language Delay*  
**Alexandra Matte-Landry**

23. *Quality of Life and Functionality of Adults with ADHD in the Context of Mental Health*  
**Ana Paula Paes de Mello de Camargo**

**2** Prizes of a One-year Student/Resident Membership + \$125.00 will be awarded by CADDRA (Canadian ADHD Resource Alliance)

**10** Educational Grants of \$500 each will be awarded on behalf of Kid's Brain Health Network (formerly NeuroDevNet)

# Saturday Oct 28 AM

**7:00 am**

**Registration**

**8:15 am - 8:30 am**

**Welcome Address**

Ballroom

Opening remarks and housekeeping notes for the upcoming day

**8:30 am - 9:30 am**

**AM Plenary 1: Mindfulness and ADHD Care**

Ballroom

Mark Bertin



Mark Bertin MD

**9:35 am - 10:35 am**

**AM Plenary 2: ADHD Goes to School**

Ballroom

Mark Bertin

**10:35 am - 11:00 am**

**Networking Break / Exhibits**

Foyer

Refreshments will be provided.

**11:00 am - 12:00 pm**

**AM Breakout Sessions**

Seven concurrent seminar (S) and workshop (W) sessions

Dufferin

**What Medical Professionals Need to Know about ADHD in Canadian School Systems (S)**

Heidi Bernhardt

Saint Louis

**ADHD in Emerging Adults: Why the 20's are a Critical Time for Your ADHD Clients and What You Can Do about It (S)**

Elisabeth Baerg Hall

De Tourny

**Myths and Realities in Pharmacological and Non-Pharmacological ADHD Treatments (S)**

Sylvie Bourdages, Joan Flood, Dan Ross

Bélair

**Introduction to ADHD in Adults (S)**

Margaret Weiss

Sainte Foy/Portneuf

**Issues & Common Practices in the Evaluation of ADHD, Learning Disabilities, Anxiety, and ASD (W)**

Harriet Greenstone

Beaumont

**TDAH et troubles d'apprentissage (S)**

Marie-Claude Guay

Beauport

**Démystifier l'évaluation neuropsychologique du TDAH chez l'adulte (W)**

Sophie Lemelin, Annick Vincent

**Noon - 1:15 pm**

**Lunch / Networking / Exhibits**

Foyer



# Saturday Oct 28 PM

**1:15 pm - 3:15 pm**  
Ballroom

**PM Plenary: ADHD and Bipolar Disorder Throughout the Life Cycle: Advances in Diagnosis and Treatment for Clinical Practice**

Janet Wozniak



Janet Wozniak MD

**3:15 pm - 3:30 pm**  
Foyer

**Networking Break / Exhibits**

Refreshments will be provided.

**3:30 pm - 4:30 pm**

**PM Breakout Sessions**

Seven concurrent seminar (S) and workshop (W) sessions

Saint Louis

**Psychoeducational Strategies with ADHD Patients: Use of New Technologies in Support to Executive Functions (S)**

Martin Pearson

Dufferin

**The Neuropsychological Evaluation: A Diagnostic Tool for ADHD with Implications for Efficient Treatment (S)**

Nora Kelner, Lynda Hoffman

De Tourny

**ADHD, Substance Abuse, and Depression: Understanding Comorbidities from a Neurobiological Perspective (S)**

Martin Katzman, Irvin Epstein, Tia Sternat

Bélair

**A Novel Program for the Group Treatment of Adult ADHD (S)**

Michael Zwiers

Sainte Foy/Portneuf

**Practical Management of Paediatric ADHD with Comorbidities (W)**

Dan Ross

Beaumont

**Gestion des troubles de comportement chez le TDAH: la pharmacologie est souvent nécessaire mais rarement suffisante (S)**

Martin Gignac

Beauport

**Démystifier l'accès aux services adaptés dans le réseau scolaire québécois secondaire et collégial (W)**

Ginette Gagnon, Hélène Savard

Saturday, October 28

6:30 - 9:00

**Members & Speakers Dinner**



# Sunday Oct 29 AM

**7:30 am**

1st Floor

## Registration

**8:15 am - 8:30 am**

Ballroom

## Welcome Remarks

Introduction to day two of the conference

**8:30 am - 9:30 am**

Ballroom

## AM Plenary 1: Emotions and Motivations in ADHD: Moving Beyond DSM-5

Thomas E Brown



Thomas E. Brown PhD

**9:35 am - 10:35 am**

Ballroom

## AM Plenary 2: Improving Treatment Adherence of Patients with ADHD and Related Disorders

Anthony L Rostain



Anthony L Rostain MD MA

**10:35 am - 11:00 am**

Foyer

## Networking Break / Exhibits

Refreshments will be provided.

**11:00 am - 12:00 pm**

## AM Breakout Sessions

Seven concurrent seminar (S) and workshop (W) sessions

Saint Louis

## Personalizing Medications and Other Treatments for Children and Adults with ADHD: How and Why (S)

Thomas E Brown

Bélair

## Efficacy of Cognitive Behavioral Therapy with and without Medication for Adults with ADHD: A Randomized Clinical Trial (S)

Lily Hechtman

Dufferin

## Memory Deficits and Interventions in ADHD: What Works, What Doesn't and What Did You Say? (S)

Doron Almagor, Brenda Miles

De Tourneuf

## Cannabis and Teenagers (S)

Martin Gignac, Oliver Jamouille

Sainte Foy/Portneuf

## Talking with Patients about the ADHD Brain (W)

Tony Rostain

Beaumont

## Adolescence, TDAH, et Comportements à Risque (S)

Richard Bélanger, Natalia Poliakova

Beauport

## Déficits sociaux des enfants ayant un TDAH et interventions prometteuses pour favoriser leur intégration sociale (W)

Line Massé

**Noon - 1:15 pm**

Foyer

## Lunch / Networking / Exhibits

**12:15 pm - 1:00 pm**

Saint Louis

## CADDRA Annual General Meeting

Members are invited to attend the AGM



# Sunday Oct 29 PM

**1:15 pm - 3:15 pm**  
Ballroom

**PM Plenary: Adult ADHD-Focused Couple Therapy: a New Model for Improving Treatment Outcomes in Adults, Couples, and Children**

Gina Pera



Gina Pera

**3:15 pm - 3:30 pm**

**Networking Break / Exhibits**

Refreshments will be provided.

**3:30 pm - 4:30 pm**

**PM Breakout Sessions**

Seven concurrent seminar (S) and workshop (W) sessions

Dufferin

**ADHD Treatment: Pills and Skills (S)**

Geraldine Farrelly

Bélair

**Twice Exceptional with ADHD: Profil and Challenges (S)**

Andrée Therrien

Saint Louis

**Is It ADHD? Is It ASD? Or is It Both? (S)**

Andrew Hall, Leslie Jocelyn

De Tourny

**New and Important Updates on ADHD Comorbidity (S)**

Joseph Sadek

Sainte Foy/Portneuf

**Adult ADHD-Focused Couple Therapy: Healing the Dysfunctional Interaction Cycle (W)**

Gina Pera

Beaumont

**Soutenir efficacement les personnes touchées par le TDAH: apports psychoéducatif et communautaire (S)**

Julie Lapointe, Francine Demers

Beauport

**Comment utiliser l'organisation pour aider les couples neuro-diversifiés à réduire le stress conjugal (W)**

Nathalie Pedicelli

**4:30 pm**

**End of 2017 Conference. Join us in Calgary in 2018.**



# Sponsors & Exhibitors

## Gold Sponsors



## Exhibitors



# Membership

CADDRA Membership provides you with an affiliation with other experts and professionals practicing in the area of ADHD and supports the activities and mission of CADDRA.

### Benefits include:

- Affiliation with other experts and professionals practicing in the area of ADHD
- Premium level access to ADHD Learning, CADDRA's eLearning portal
- Significant discounts off the registration cost of CADDRA events
- Option to attend the annual CADDRA Speaker and Member Dinner
- Copy of the Canadian ADHD Practice Guidelines
- Latest laminated editions of the CADDRA Guide to ADHD Pharmacological Treatments and the CADDRA Psychosocial Guide
- Email updates on current relevant issues, monthly newsletters and early notice of CADDRA activities
- Certificate of Membership



14th Annual ADHD Conference  
November 9 - 11 novembre 2017  
CALGARY, ALBERTA

